

 **GRAVITY**

GROUP STRENGTH • PILATES • PERSONAL TRAINING • POST-REHAB



# GREAT NEWS! GRAVITY<sup>®</sup> IS HERE!

## CLINICAL FITNESS SOLUTIONS

- A dynamic total body workout in 30-45 minutes  
—on one piece of equipment
- Fun, exhilarating and full of high energy!
- Trusted in physical therapy clinics nationwide
- Safe and effective, with quick results
- Group Strength, Pilates and Personal Training
- All ages and fitness levels

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physi**quality**



BRING THIS CARD FOR A FREE SESSION!

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Website: \_\_\_\_\_